Parent information

We're going to enjoy a yummy journey of discovery, sampling fantastic fruits and tantalising treats!

This half term, we'll visit a local supermarket to find out about the food sold there. We'll bring back samples of fruits and vegetables so we can investigate them using our senses. Will we like everything we taste? We'll try different types of bread, and maybe even bake our own. In art and design, we'll look closely at fruits and vegetables and sketch what we can see. We'll follow recipes and learn about foods from around the world. Our science work will focus on food groups and how food can be altered. Will we be able to create bouncy eggs, edible slime or exploding chocolate drops? Using fruits and vegetables, we'll make musical instruments and sculptures. We'll also learn about the fascinating discoveries made by the physicist James Lind.

Finally, we'll invite you to sample some of the delicious foods we've made. We hope you'll like them! We'll sing songs about food and play our vegetable musical instruments.

Help your child prepare for their project

This is a perfect opportunity to taste new foods and have a go at following recipes. Why not bake healthy muffins or prepare a slow cooker stew together? You could also sample adventurous foods from around the world. Alternatively, you could read the packaging of foods in your fridge to find out where they have come from.

Suggested text	Charlie and the Chocolate Factory – Roald Dahl; Silly Verse for Kids - Spike Milligan; Green Eggs and Ham - Dr Seuss; Jabberwocky and Other Nonsense: Collected Poems - Lewis Carroll
Memorable experience	Visit a local shop or supermarket
Innovate challenge	Invent a smoothie
English	Recounts; Recipes; Poetry; Non-chronological reports; Adverts
D&T	Cooking and nutrition
A&D	Sculpture
Computing	Web searches; Emails
Geography	Food miles and fair trade
History	Significant individuals – James Lind
Music	Playing instruments; Performing
PE	Exercise
Science	Nutrition

Science investigations

Which is the juiciest fruit? Is it safe to eat?